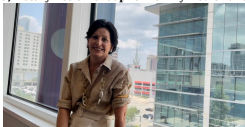




## "THE FRIENDLY BREAKFAST CLUB" NEWSLETTER

October 1, 2025

### Susan Paget, CEO, Rotary Action Group for Family Health and AIDS Prevention



Join us on Friday, October 3 at Maggiano's to welcome Susan Paget, CEO of the Rotary Action Group for Family Health and AIDS Prevention. Before Sue speaks, Marion Bunch will share a brief history of how Marion met Sue and the role she played in building the Rotary Family Health Days programs to the success that it is today.  
Sue Paget's first connection with Rotary was in 2000 when she was contracted by Rotary International to work in South Africa on the Polio Eradication Private Sector Campaign working with Rotary leadership, Government and corporations in South Africa. Sue was subsequently invited to join the Rotary Club of Johannesburg in 2002 as a volunteer and over the subsequent years worked on various campaigns in a project management capacity, including RI President Jeanneaux Muliyil's Presidential Conference. It was at this conference that Sue met Marion Bunch, Founder and CEO of the Rotary Action Group Rotarians for Family Health & AIDS Prevention, who was a guest speaker at this event. [more]

### Join Atlanta Rotaract Tonight (10/1) to Meet Polio Fundraiser!



With World Polio Day approaching, the Atlanta Rotaract Club thought many Rotarians would be interested in hearing from our upcoming speaker, Rob DeCous is a Rotarian who is highly involved in ultra-endurance sports to raise awareness and build community around important issues. In 2017, he completed a 146-mile run across Death Valley to the top of Mt. Whitney which raised over \$700,000 for End Polio Now. You are welcome to join us in-person and/or online via Zoom - write to [info@atlantaract.org](mailto:info@atlantaract.org) to get the Zoom link! ———  
Fellowship Opportunity

### Join the Wine Fellowship to Welcome Fall!



This coming Sunday, October 5, join your Duwoody friends at Ed and Judy Hilday's for wine and fun! Plan to arrive about 3:00 pm at 315 Cannady Ct, Sandy Springs, GA 30350. Bring a bottle of your favorite wine and an appetizer or dessert to share. We may even have a wine that's been aged in whiskey barrels as a nod to our upcoming Whiskey Raffle. Come and see!

### Anchor Place Respite Care Looking for Part-Time Activities Coordinator

Anchor Place has called for our help with finding a qualified person to serve as its *part-time Activities Coordinator*. Speaking as a regular volunteer at Anchor Place, this position offers an opportunity to make a joyful difference in people's lives, so take time to think about whether someone you know might be interested.  
Working 15-20 hours per week, the Activities Coordinator will assist in planning and delivering quality, joy-filled activities for Respite Day Program participants and volunteers, reporting to Anchor Place Director Mary Cohen. The position will be part of the St. Patrick's Episcopal Church staff. Interested people can view the job description at <https://anchorplaceatlanta.org/careers/activities-coordinator/>. Letters and resumes may be submitted to Lori Kent at St. Patrick's via email at [lorkent@stpat.org](mailto:lorkent@stpat.org).  
New to the Area?

### October 11: Time to Be a Spruce-atarian!



It's time to join Ranger Fred and the Duwoody Spruce-atarians at Bounds Gardens - the traffic island directly across from the Duwoody Library! On Saturday, October 11, we plan to wrangle any weeds and make the garden beautiful. Bring your favorite garden tool and join us at 9:00 am for fun and fellowship. Oh, and bring your smile, there's always a group photo to show just how much fun we're having! Contact Fred Bounds if you have questions.

### It's "In Between" Week ... Still Collecting Prizes, Ready to Start Selling Tickets!



September was the month of gathering the whiskey raffle prize pool. How did we do? **The Rotary Club of Duwoody answered the call!** Our goal was 30 bottles... at the moment we have 24. But that 24 is already good enough to establish a prize pool and move forward with our marketing scheme. Thank you everyone who was generous and allowed us to put together this package! We think it will be highly appealing to the public.

We can still use a few extra bottles... so if anyone still wants to make cash donation, stop at Duwoody Beverage off the registry list, or provide a whiskey of your choice - we will still gladly accept it! With Phase 1 coming to an end (albeit with just a few bottles to go) - we're now moving into Phase II: the ticket sales! Our website is the very aptly named [www.whiskeyraffie.com](http://www.whiskeyraffie.com). The curious will be able to see the prizes and purchase tickets for the main event there. But a great URL will not be enough! Please talk up the event with friends, neighbors, and relatives. Announce it on your social media! Get the word out!  
There will be a total of at least 10 packages. With a maximum of 1,000 tickets, that means buying five tickets is about a 5% chance of winning... superior odds to anything the state gaming commission is offering! Look out for more details around prizes, tastings, and block your calendar for the event itself on November 20!

### Celebrate 5 Years of Clubhouse Atlanta and Support a Vital Mission!

Next month marks a major milestone: Clubhouse Atlanta is celebrating its 5th Anniversary! This organization has been a beacon of hope and support for individuals recovering from mental illness in our community, offering a path to recovery through meaningful work, relationships, and opportunities for employment and education.  
To commemorate this anniversary and continue funding their vital programs, Clubhouse Atlanta is hosting its annual fundraiser, **MemberFest '25 - A Charity Event Benefitting Clubhouse Atlanta**. We'd like to suggest you consider donating a gift certificate to help with their fundraiser. *Want to learn more about that?* (more)  
Laws of Life

### Join Us for 2025 Laws of Life Founders Celebration



Alphonsa Joby  
2024-25 State Winner



"I think back to my dad's words—"It's not what you get, it's what you give." At the time, they seemed simple. Now, they resonate with the force of a revelation."



Ready to Mingle & Sip in Style? The 2025 Founders Celebration is the party you won't want to miss! Enjoy cocktails, delicious bites, and an evening of fun—all while supporting the Georgia Laws of Life Foundation and the students who inspire them.

There's still time to join us for the celebration on Thursday, October 9—an inspiring evening that honors students, teachers, and the supporters who make this work possible. Individual tickets are just \$75, and sponsorship opportunities remain open for businesses that want to stand alongside Georgia's Bridge Builders of tomorrow. We are especially grateful to our Rotary partners—Russell Rotary Club, Midtown Atlanta Rotary Club, and the North Metro Rotary Club—for stepping up as early sponsors of this year's celebration.

### The USO is Calling Your Name - October 30



Thursday October 30, 2025 will be **Rotary Club of Duwoody USO Volunteer Day**. We will serve our service personnel and family members an "All American" lunch of hot dogs with all the condiments, potato chips, fresh fruit, snack bars, home baked cookies, bottled water AND a portion of baked Ziti & Mom's meatball.  
**Volunteers:** We would like to have eight volunteers for the day from 9 AM to 3 PM. Duties vary from greeter, cookie baker, hot dog grill master, server, juice mixer, and "all around volunteer" to handle anything else that needs to be done to serve our military service personnel. Let Charlie Angilio know if you can join us.  
**Home baked cookies:** Only the best for our military personnel! We ask the bakers to bake about 60 of their favorite hardy cookies. They can be delivered in bulk to the E 48th Street Market on 10/27, 28 and 29 before 6PM. We will repack them on the day of service. Please note hardy cookies are best since we recommend that volunteers take MARTA. Let Charlie know if you plan to bake.

**Transportation:** It is strongly recommended that volunteers take MARTA to the airport instead of driving due to the continued limited parking because of construction at the airport.  
**Other Ways You Can Help:** Members who are unable to volunteer can participate by donating bottled water (small bottles) and snack bars such as Nature Valley available at Costco at reasonable prices. Items can be dropped off at the E 48th Street Market on 10/15 and 16 before 6PM. A shout out to our new members please consider volunteering at the USO, it is one of the most satisfying and rewarding day of service.  
**Special Shout Out to New Members:** Please consider volunteering at the USO, it is one of the most satisfying and rewarding day of service.  
**Please contact Charlie Angilio at [italiangie48thmarket.com](mailto:italiangie48thmarket.com) if you would like to be a volunteer or be a cookie baker.**

**In Search of Great Speakers ... You Can Help!**  
Meghan Berry and Kathy Brandt would LOVE to know about them, and we've created an easy way to do that. Just use this link: <https://forms.gle/1U1K7GeeX3JqF8a4>, to nominate speakers, let us know why they may be a good fit to present, and suggest topics this speaker could present. - to nominate speakers, let us know why they may be a good fit to present, and suggest topics this speaker could present.

## Meetings

October is Economic and Community Development Month

### Our Rotary Family BIRTHDAYS

10/2 Felicia Voloschin  
10/24 Bill Woulfin  
10/24 Charlene Hall  
10/24 Denise Brodsky  
10/24 Channing Brand

### WEDDING ANNIVERSARIES

10/6 Alison Norris (34)  
10/10 Lorri Christopher (43)  
10/12 Gary Lane (21)  
10/17 Jennifer Shumway (3)  
10/25 Dottie Toney (10)

## Rotary Online

<https://dunwoodyrotary.org>  
<https://rotary6900.org/>  
<https://rotary.org/>

### ROTARY CLUB OF DUNWOODY

Fridays, 7:15 am  
Maggiano's - Perimeter Mall  
4400 Ashford Dunwoody Rd,  
Dunwoody, GA 30338  
Atlanta, GA , GA 30338



### LEADERSHIP

|                |                 |
|----------------|-----------------|
| President      | Matthew Johnson |
| Immediate PP   | Louise Barden   |
| Vice President | David Burr      |
| Treasurer      | Carter Stout    |
| Secretary      | Mark Galvin     |
| Public Image   | Bob O'Brien     |

### This Week's Speaker

## Susan Paget, CEO, Rotary Action Group for Family Health and AIDS Prevention



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## Join Atlanta Rotaract Tonight (10/1) to Meet Polio Fundraiser!

Atlanta  
**Rotaract**  
Rotary Club Partner



### Ultra Endurance Sports and Rotary Fundraisers

Join us at our Club Meeting!

Wednesday, October 01  
6:30pm Social, 7:00pm Meeting  
3330 Cumberland Blvd SE Atlanta, GA 30339

✉ Email us if you would like the Zoom link: [info@atlantarotaract.org](mailto:info@atlantarotaract.org)  
🌐 More info and to RSVP: [www.meetup.com/atlantarotaract](http://www.meetup.com/atlantarotaract)



**Rob DeCou,**  
Tedx Speaker

Connect with Rob: [luxvirtual.com](http://luxvirtual.com) | [gorobgo.org](http://gorobgo.org)

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### **Anchor Place Respite Care Looking for Part-Time Activities Coordinator**

Anchor Place has asked for our help with finding a qualified person to serve as its paid part-time Activities Coordinator. Speaking as a regular volunteer at Anchor Place, this position offers an opportunity to make a joyful difference in people's lives, so take time to think about whether someone you know might be interested.

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**Save the Date!**



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### Whiskey Raffle Update

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### Laws of Life

## Join Us for 2025 Laws of Life Founders Celebration

### Georgia Laws of Life Essay Contest Founders Celebration

Piedmont Driving Club, Atlanta, GA.  
9 October 2025 | 6:00 PM to 8:30 PM

## Champions of Character

### Alphonsa Joby 2024-25 State Winner

*"I think back to my dad's words—'It's not what you got, it's what you give.' At the time, they seemed simple. Now, they resonate with the force of a revelation."*



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Reserve your tickets or sponsorship today at [georgialawsoflife.org/events](https://georgialawsoflife.org/events).



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