



# "THE FRIENDLY BREAKFAST CLUB" NEWSLETTER

September 11, 2024

## Meetings

September is Basic Education and Literacy Month

- 9/13 General Meeting: Laura Morse, MS, LPC, CPCS, Focus on Treatment and Prevention of Mental Health Issues
- 9/27 General Meeting - Chris Carr, Attorney General, State of Georgia
- 10/4 General Meeting Michael Starling, Economic Development, City of Dunwoody
- 10/11 General Meeting Gordon Owens, District Governor, Rotary District 6900

## Our Rotary Family BIRTHDAYS

- 9/6 Chris Gutschenritter
- 9/18 Marion Bunch

## WEDDING ANNIVERSARIES

- 9/4 Charlene Hall (44)
- 9/4 Robert Hall, Sr. (24)

## Rotary Online

<https://dunwoodyrotary.org>  
<https://rotary6900.org/>  
<https://rotary.org/>

## ROTARY CLUB OF DUNWOODY

Fridays, 7:15 am  
Embassy Suites - Atlanta  
Perimeter Center  
1030 Crown Pointe Pkwy  
Atlanta, GA , GA 30338

### This Week's Speaker

## Laura Morse, MS, LPC, CPCS, Focus on Treatment and Prevention of Mental Health Issues



Join us this Friday at the Embassy Suites to welcome Laura Morse, whose talk will focus on treatment and prevention of mental health issues.

Laura Morse received a BA degree in Psychology from Spelman College in Atlanta, Georgia in 1992 and a Master's Degree in Community Counseling from Georgia State University in 1996. Laura has been a Licensed Professional Counselor or LPC since 2000. She is a psychotherapist and Certified Professional Clinical Supervisor currently in private practice but has worked in various settings to include a community service board, psychiatric hospitalization, and residential substance recovery agencies. In addition to professional counseling, Laura has served as a PTSA President for three public schools in Dekalb County and participated as an executive board member for many organizations specific to mental health/substance recovery advocacy as well as public education with emphasis on parent/student involvement and youth sports.

Laura regularly shares her professional insight and expertise as a featured respondent with a number of media outlets, among them: NPR, Atlanta Journal and Constitution, several NBC news affiliates, Cox Media Group-WSBT, The Source Magazine and Reader's Digest. Laura has been a professional expert on the TVONE series, 'Fatal Attraction.' In addition, Laura also serves as a mental and emotional wellness consultant with the Alliance Theater in Atlanta--supporting actors, directors and crew when wrestling with difficult creative content or interpersonal dynamics. Laura not only has a passion for her work in mental health advocacy, but a devotion to her friends and family; Delta Sigma Theta Sorority, Incorporated; and Spelman College.



## LEADERSHIP

President Louise Barden

President Nominee David Burr

Vice President Matthew Johnson

Treasurer Carter Stout

Secretary Alison Norris

## Service and Fellowship

# Sign Up Now for Anchor Place Volunteer Training - Next Tuesday 9/17



Do you know a family member, neighbor, or friend who might be interested in joining our fabulous volunteer team? Participation is fun and rewarding - offering joy to our friends and a needed break for caregivers. The day includes games, exercise and yoga, lunch, sometimes artwork like the seascape shown here ... and so much more.

If you're interested, consider our next volunteer training - scheduled for Tuesday, September 17, 10am-12noon. If you can help us spread the word to your faith or civic community, please do. Mary Cohen is happy to speak to anyone personally.

Here's a [link to register](#).

## Thinking Ahead ...

We have some great opportunities coming up for fellowship and promoting membership in the Rotary Club of Dunwoody!

- September 19: Thirsty Thursday at Morty's Meat & Supply, 5:30 - 7:00 pm
- September 28: Oktoberfest at St. Patrick's Episcopal Church, noon - 6:00 pm ... We will have a booth at the festival to tell our Rotary Club of Dunwoody story - check in with Mike Kenig or Tina Philpott to find out how you can help
- October 6: Welcome Hoa and Bin - our GRSP and Rotary Youth Exchange students for 2024-25 - at a backyard party hosted by Meghan Berry - great opportunity to socialize with your Dunwoody Family of Rotary ... more details to follow soon

Plan to join us! And bring a friend!

## Service Opportunity

## Help with Our USO Volunteer Day 2024 at Hartsfield Airport



Mark your calendars now for our USO Volunteer Day at Hartsfield-Jackson International Airport: Thursday October 17,

We will serve our service personnel and family members an "All American" lunch of hot dogs with all the condiments, potato chips, fresh fruit, snack bars, home baked cookies, bottled water, AND a portion of baked Ziti & Mom's meatball. We would like to have a total of eight volunteers for the day from 9 AM to 3 PM. A shout out to our new members: please consider volunteering at the USO, it is one of the most satisfying and rewarding day of service. [\[more\]](#)